



HOUSE OF RUTH
MARYLAND

Teen Initiative Service Costs

The House Of Ruth Maryland must balance between the needs of the community it serves and the actual costs of providing services. The agency charges for the following prevention services to ensure its ability to continue to provide free, immediate, crisis services to victims of intimate partner violence and their children.

Need-based scholarships are available on a limited basis (<http://www.hruthmd.org/teen-prevention-initiative.asp>). In addition, our Teen Initiative staff is happy to work with you to explore funding opportunities that may be available in your community.

Safe Dates Curriculum

This ten session curriculum is appropriate for school or community group settings. The focus of the sessions are on evaluating current relationships, building healthy relationships, identifying abusive behaviors and accessing support resources. Current issues such as texting, social media and bullying are also included. *Safe Dates* consists of ten, 60 minute sessions and can accommodate up to thirty teens. (If your program has more than 30 participants, pricing will need to be adapted to consider additional materials.) *Safe Dates* is an evidence based curriculum which has produced long term results.

Service cost: \$3,200

Support Group for Teen Victims or Teen Witnesses

Therapeutic sessions can be designed for groups of teens who have experienced teen dating violence or have witnessed intimate partner violence in their families. These groups meet weekly for 60 minutes and can accommodate up to 12 participants. To appropriately work through trauma and create trust and cohesion between participants, it is recommended that groups meet consistently for at least three months.

Service cost: \$2,400 (for 12 weekly sessions/3 months)

Educational Presentation

Educational presentations can be designed for teens, parents, teachers, and other youth serving professionals. Topics can include prevalence, dynamics of dating violence, recognizing abuse, addressing victims and abusers, available resources, and prevention strategies. These one-time presentations are designed to be up to two hours in length and accommodate up to 100 participants.

Service cost: \$475

To schedule a presentation, please complete the *Presentation Request Form* that can be found on the Teen Initiative website page: <http://www.hruth.org/teen-prevention-initiative.asp>. For additional information, contact Candice T. Karber, Teen Initiative Coordinator, at ckarber@hruthmd.org or (410) 554-8466.

Be sure to check out our interactive teen website: www.youlovemeyoulovenot.com